

2014 LOWER LIMB BIOMECHANICS AND ORTHOTICS WORKSHOP

ONE-DAY WORKSHOP LOWER LIMB BIOMECHANICS & ORTHOTIC TREATMENT



DR. BRIAN HOKE
D.P.T., S.C.S.
Physical Therapist

Brian Hoke, DPT, received his degree in Physical Therapy from Indiana University and earned his post professional Doctor of Physical Therapy degree from Boston University. He is board certified as a Sports Clinical Specialist by the American Board of Physical Therapy Specialities. In addition to lecturing extensively in the US and Internationally, Brian is co-owner and Director of Atlantic Physical Therapy, a private practice in Virginia Beach, Virginia.

THE REAR FOOT: Nature versus Civilisation, the Gait Cycle, Triplane motion, the Subtalar joint - what is it, where is it and what does it do? Biomechanical dysfunction in relation to common conditions; plantar fasciitis, Achilles related pain, shin splints, knee pain, low back pain and leg length discrepancy.

THE FORE FOOT: Evaluation: fore foot/ rear foot relationship, mid tarsal joint, common conditions: metatarsalgia, Morton's neuroma, fore foot varus/valgus, plantar flexed /dorsi flexed 1st ray.

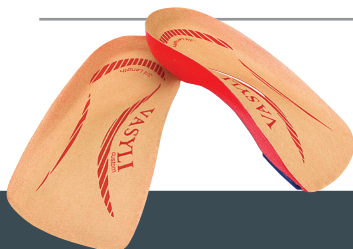
SAGITTAL PLANE: Biomechanics and function - The Rocker theory, Hallux limitus/rigidus, Functional Hallux Limitus (Fhl) evaluation and treatment.

PRACTICAL: Subtalar neutral, heat moulding, fitting, posting and patient compliance.

COURSE OBJECTIVES: Attendees will complete this course with a thorough understanding of:

- Biomechanical terminology of the foot and lower limb.
- Assessment techniques for the rear foot
- Diagnosis and treatment of common lower limb biomechanical related conditions
- Understanding of the Gait cycle
- The importance of 1st ray function
- Subtalar joint function
- Heat moulding and fitting orthotics
- Posting techniques
- Fine tuning orthotic prescription
- Patient compliance
- **Valid for 6.5 CME's for DC's**

DATE	LEVEL	LOCATION	ADDRESS	TIME	SPEAKER
June 26th, 2014	LLB1	New Jersey	DoubleTree by Hilton Hotel Newark Airport 128 Frontage Road, Newark, NJ 07114	8am - 4pm	B. Hoke
July 24th, 2014	LLB1	Atlanta	Hampton Inn Atlanta Northlake, 3400 Northlake Pkwy NE Atlanta, GA 30345	8am - 4pm	B. Hoke
August 21st, 2014	LLB1	Orlando	Hilton Garden Inn Orlando International Drive North 5877 American Way, Orlando, FL 32819	8am - 4pm	B. Hoke
Sept 18th, 2014	LLB1	Chicago	National University of Health Sciences 200 East Roosevelt Road, Lombard IL 60148	8am - 4pm	B. Hoke
October 16, 2014	LLB1	Los Angeles	Hampton Inn Burbank 7501 N. Glenoaks Blvd. Burbank, CA 91504	8am - 4pm	B. Hoke



\$155.00 includes a pair of orthotics, breakfast and lunch.

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