

Lifelong Wellness Made Easy™



nanomega³

*“Taste the Difference,
Feel the Difference”*

Truly a breakthrough functional food formula for the health practitioner, nanomega³™ provides Omega-3 essential fatty acids (EFAs) from both:

- ALA (alpha-linolenic-acid) from specially stabilized, organic MeadowPure™ Golden Flaxseed and
- DHA oil (Martek's life'sDHA™) derived from plant marine algae, not fish, along with
- Synergistic natural vitamins E and D2 and B6, B12 and folic acid.

As BioPharma's motto is *“blending high formulation science with high patient compliance”* you can be sure nanomega³™ tastes great and mixes instantly!

nanomega³ is

- 5 g of flaxseed per serving
- 1000 mg Omega-3 ALA per serving
- 100 mg vegan DHA per serving
- Good source of fiber (2.5 grams per serving)
- 50 mg lignans per serving
- Vegan, non-GMO and made with organic ingredients
- Great-tasting pineapple orange flavor!
- SuperSorb® Enhanced Delivery Systems to help maximize absorption
- 70mg of Meriva® (curcumin, soy phospholipids complex)
- ORAC 4500 per serving

the
SuperFood
SOLUTION
lifelong wellness made easy™

Supplementation with Organic Flax, Vegan DHA with Synergistic Vitamins may support:

Mental Focus and Healthy Mood /Memory* • Maintenance of Normal Cholesterol and Triglyceride levels* • Healthy Skin*
Healthy Blood Pressure* • A Healthy Heart* • Maintaining Visual Acuity* • Healthy Joints* • Gastrointestinal Health*
A Balanced Immune System* • Additional Antioxidant Protection * • Healthy Bones* • Prostate and Breast Health*





What The Experts Say*:

"Both omega-3 and omega-6 fatty acids are essential... omega-6 are significantly more inflammatory... This necessitates that omega-3 and omega-6 be consumed in a balanced proportion; the ideal ratio of omega-6:omega-3 being from 3:1 to 5:1. Typical Western diets provide ratios of between 10:1 and 30:1 - i.e., dramatically skewed toward omega-6." - *Simopoulos AP, Cleland LG (eds): "omega-6/omega-3 Essential Fatty Acid Ratio: The Scientific Evidence." World Rev Nutr Diet. Basel, Karger, 2003, Vol 92.*

"In healthy elderly subjects, ALA might effect concentrations of LDL-cholesterol and apoB more favorably than EPA/DHA." - *Goyens PL, Mensink RP. Effects of alpha-linolenic acid versus those of EPA/DHA on cardiovascular risk markers in healthy elderly subjects. Eur J Clin Nutr. 2006 Aug;60(8):978-84. Epub 2006 Feb 15.*

"Supplementation with purified DHA increases LDL particle size, reduces serum tri-glycerides, and increases HDL2 cholesterol, as well as improves vascular function and blood pressure. Therefore.. DHA may have more therapeutic value than EPA." - *Woodman, RJ et. al. Docosahexaenoic Acid But Not Eicosapentaenoic Acid Increases LDL Particle Size in Treated Hypertensive Type 2 Diabetic Patients, Diabetes Care 26:253, 2003*

"DHA supplementation markedly enhanced the DHA status... provided for the formation of substantial EPA, and lowered the total and LDL-cholesterol:HDL-cholesterol ratios." - *Conquer, JA Holub BJ, Supplementation with an Algae Source of Docosahexaenoic Acid Increases (n-3) Fatty Acid Status and Alters Selected Risk Factors for Heart Disease in Vegetarian Subjects, Journal of Nutrition Vol. 126 No. 12 December 1996, pp. 3032-3039*

"Flaxseed(s)...are rich sources of the essential fatty acid alpha-linolenic acid, which is a biologic precursor to omega-3 fatty acids such as eicosapentaenoic acid (EPA)...omega-3 fatty acids have been associated with improved cardiovascular outcomes... The lignan constituents of flaxseed (not flaxseed oil) possesses in vitro anti-oxidant and possible estrogen receptor agonist/antagonist properties." - *Flaxseed and Flaxseed Oil (Linum usitatissimum), Natural Standard Monograph www.naturalstandard.com 2007.*

"Flax is a potent source of lignans.... studies suggested that they may interfere with the development of breast, prostate, colon, and other tumors in humans." - *Journal of the National Cancer Institute. Vol. 86 No.23. December 7, 1994 pg. 1748*

"These results suggest that vitamin E should be supplemented in fish oil feeding to prevent the enhanced lipid peroxidation... in the body." - *Cho SH, et. al. Lipid peroxidation and 8-hydroxydeoxyguanosine formation in rats fed fish oil with different levels of vitamin E. J Nutr Sci Vitaminol (Tokyo). 1995 Feb; 41(1):61-72.*

"...vitamin D...is needed to help prevent osteoporosis and secondary hyper-parathyroidism. Other benefits... are... implicated...: prevention of some cancers, osteoarthritis progression, multiple sclerosis, and hypertension." - *Vieth R. Vitamin D supplementation, 25-hydroxyvitamin D concentrations, and safety. Am J Clin Nutr. 1999 May; 69(5):842-56.*

Meadow Pure™ Quality

Many of flaxseed's most important health benefits derive from its high polyunsaturated oil content. However, immature and damaged seeds are more likely to oxidize, leading to rancidity. By selectively separating immature and damaged seeds, the patented MeadowPure™ process helps us to assure the stability of our NanOmega3 products.



life'sDHA™ from Martek

Isolated from micro-algae under tightly controlled manufacturing conditions, life'sDHA™ omega-3 is from a sustainable and vegetarian source free of oceanic contaminants that may be present in certain fish or fish oils.



nanomega³

YES:

- Great taste, instant mixing
- Made with organic flax
- Good source of fiber
- Vegan & non-GMO
- Low net carb
- Low peroxide value (pv)
- Nitrogen packed for freshness
- Fortified with vitamins D, E, & B

NO:

- Fishy tastes, smells or toxins
- Fish oil "burps"
- Animal or fish products
- Eggs, dairy, wheat, yeast, or gluten
- Artificial flavors, MSG or glutamate peptides

Supplement Facts

Serving Size 12g (1 scoop)
Servings Per Container: 30

Amount Per Serving	% Daily Value*
Calories 57	Calories from fat 22
Total Fat 2.5g	4%
Saturated Fat <1g	1%
Total Carbohydrate 7g	2%
Dietary Fiber 2.5g	10%
Sugar 1g	
Protein 1g	
Vitamin D2 (Ergocalciferol) 400IU	100%
Vitamin E (d-alpha tocopherol succinate) 30IU	100%
Vitamin B6 (as pyridoxine HCL) 1mg	50%
Vitamin B9 (as folic acid) 200mcg	50%
Vitamin B12 (as cyanocobalamin) 85.5mcg	1,425%
Calcium 21mg	2%
Iron 425mcg	2%
Magnesium 22mg	5%
Sodium 5mg	<1%
Potassium 36mg	1%
Total Omega-3 1100mg	†
Omega-3 / DHA (Docosahexaenoic Acid) 100mg	†
Other Omega-3 (Linolenic Acid) 1000mg	†
Omega-6 300mg	†
Lignans 50mg	†
Meriva® (curcumin, soy phospholipids complex) 70mg	†
Stevia Leaf Crystals (stevia rebaudiana) 70mg	†

* Percent Daily Values are based on a 2,000 calorie diet.
† Daily Values not established

Suggested Use:

Mix one scoop of nanomega³™ with 6-8 ounces of cold water, juice or milk. Shake or blend and enjoy! Children under 12 take ½ serving.

Refrigerate after opening.

IMPORTANT: Best if stored in cool, dark conditions. After each use close tightly and refrigerate immediately. Contains an oxygen absorbant package to preserve freshness.

WARNING: Pregnant and nursing mothers, anyone taking prescription medications, or prior to any surgical procedures, inform their physician and/or pharmacist before taking this or any other dietary supplement.

OTHER INGREDIENTS: MEADOW PURE™ OMEGA-3 ULTRA GOLDEN FLAX* WITH MARTEK'S DHA OIL DERIVED FROM MARINE ALGAE, NATURAL FLAVORS (PLANT BASED), RICE BRAIN SOLUBLE FIBER*, DEXTRIN (DIETARY FIBER) FROM NON GMO CORN, RICE MALTO-DEXTRIN, XANTHAN GUM.

* Organic ingredients



the
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Researched and Developed by:
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MADE WITH
CERTIFIED
ORGANIC
INGREDIENTS

Manufactured at cGMP, Organic, & FDA approved facilities in the USA.

Printed on recycled paper with minimum 10% post-consumer waste.

*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THESE PRODUCTS ARE NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.