

Bolster Armrest

Congratulations on your purchase of the Earthlite Bolster Armrest.

Earthlite's Bolster Armrest adds an extra 10" to the width of any massage table, and it is lightweight and easy to install. Please read and follow the below installation instructions carefully.



1. Begin by laying the two armrests across your massage table, making sure the top 3 straps are not twisted.
2. Evenly adjust each strap so the bolsters are positioned at a slight upward angle on each side of the table.
3. Lock lower cinch strap buckle halves together (center strap first) and pull adjustment strap to level and tighten bolsters to table sides.
4. Each bolster has two Velcro strips. Peel protective film from pre-fastened Velcro tape, folding up and under the table and press firmly. Press four Velcro tables to Velcro tape under table edge.
5. Your Bolster Armrest is now ready. Check all adjustments prior to each use.

